

NW 48th Neighborhood News

Provided by the Carol Yoakum Family Resource Center, a service of the Lincoln Housing Authority









Arnold will be serving free breakfast and lunch for any child ages 1-18. Meals must be consumed on site.

Monday -Friday, June 2-27 Breakfast 8:30-9:30 Lunch 12:00-1:00

Monday-Friday, June 30-August 8 Breakfast 8:30-9:30 Lunch 11:30-12:30

Closed June 19th and July 4th.

Please enter through Door 1.

Questions: Call 402-436-1120 ext. 5





INTERESTED IN OWNING YOUR OWN HOME?

Please visit: lincolnhabitat.org for details



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Krayon Campus NW accepts Title XX and offers discounts for LHA employees and tenants, military members, and a sibling discount for more than one child. Please ask the center director, Sunny, if your Air Park area business qualifies for a discount. Only one discount per household can be applied.

The center is open weekdays from 6 a.m. to 6 p.m. and offers care for children ages 6 weeks to 12 years, as well as a summer school-age program and before and after school care.

- Lincoln Littles Tuition Program
- Step Up to Quality 3
- Food Program

CALL SUNNY NOW

krayoncampusnw@yahoo.com

531-500-5648

AIR PARK COMMUNITY CENTER

NW 48 NEIGHBORHOOD

WELLNESS OPPORTUNITIES

JUNE/JULY 2025

MEMBERSHIPS

Did you know that we offer monthly memberships for both our gymnasium and wellness room areas? For only \$24 per month you can have access to the following equipment: Three fan exercise bikes, Punching bags (four hanging, one freestanding, one torso) ,Three hanging speed bags and one double-ended speed bag, Adjustable step platforms, Exercise balls, balance trainers, and medicine balls, Various hand weights and kettlebells, Stair climber, treadmill, and elliptical, Smith machine, press arm, and lat machine, Abdominal crunch machine. Our daily rate for gym and wellness room usage is \$4.



FIT FOR LIFE STRENGTH CLASSES BEGINNING IN JUNE

Air Park Community Center is partnering with the YMCA of Lincoln to bring more wellness programming to our community! Fit for Life is a class designed for active older adults. It's a low-impact workout combining cardio and conditioning for all levels of fitness. Get a full body workout with cardio and strength to the beat of fun music and a variety of exercises that may also utilize a chair. Exercises are designed to increase cardiovascular endurance, muscular strength, and increase balance to help improve movements of daily living. You can come try classes for free June 3rd, 5th, 10th, and 12th from 10:00am-10:45am. After this two week trial period, you can register for the full 6- week session for only \$12.

BOXING CLASSES

Air Park Community Center is now offering no-contact boxing classes for adults (18+) and youth girls (10-18). Our instructor, Rikki, has been a boxing coach since 2012 and is excited to offer classes in Air Park! Rikki's mission is to help people gain physical wellness, boost their confidence and self-love and increase their sense of community. Adult classes meet from 5:00pm-6:00pm on Mondays and Thursdays and youth girls classes are offered on Saturdays from 11:00am-12:00pm. Stop by and try a class for just \$8!

UPCOMING EVENTS

MOVIE IN THE PARK 2025

Air Park Community Center will be partnering with the Lincoln Parks Foundation to host Movie in the Park on Friday, June 27th at dusk. This year we will be showing **Wicked**! Wicked is a vivid reimagining of the classic *The Wizard of Oz*, focusing on the untold stories of Oz's most famous characters: the Wicked Witch of the West and her unlikely friend, Glinda the Good Witch. The movie may be shown outside, so please bring blankets or lawn chairs in order to be comfortable!



NEED SPACE?

Do you have an event coming up that you want to celebrate? Air Park Community Center takes reservations for our multipurpose rooms and our gym. You can reserve space online at secure.rec1.com/NE/Lincoln-ne/catalog. Call us at 402-441-7876 or email us at airparkcommunitycenter@lincoln.ne.gov with any questions.

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DOWN THE LIBRARY AISLE BY HARRIS AT WILLIAMS BRANCH LIBRARY

THE SUMMER READING CHALLENGE HAS BEGUN, AND THE THEME IS COLOR OUR WORLD. WE HAVE A LOT OF SPECIAL STORYTIMES AND EVENTS PLANNED FOR THE SUMMER. TO SEE A COMPLETE LIST, CHECK OUT THE LIBRARY LINEUP NEWSLETTER AT ANY OF OUR BRANCHES OR AT OUR WEBSITE, LINCOLNLIBRARIES.ORG. WILLIAMS WILL HAVE SPECIAL EVENTS MOST WEDNESDAYS IN JUNE AND JULY. COME CHECK THEM OUT AND STOCK UP ON BOOKS AND OTHER LIBRARY MATERIALS FOR THE SUMMER!

ALL AGES

CRAFTY TUESDAYS: EVERY TUESDAY IN JUNE AND JULY, 11 A.M. - NOON

CHILDREN'S PROGRAMS

SUMMER READING EVENTS: WEDNESDAY JUNE 4TH, 11TH, 18TH, 25TH, AND JULY 9TH & 16TH, 10:30-11:15 A.M.; WEDNESDAY JULY 23RD, 11 A.M.-1 P.M.

FAMILY STORYTIME: THURSDAYS @ 10:30 A.M., FOLLOWED BY STAY & PLAY FROM 11-11:45 A.M.

TEEN PROGRAMS

FOUND ART: MONDAY, JUNE 23RD, 12:30-1:30 P.M. BOOK ART: MONDAY, JULY 28TH, 12:30-1:30 P.M.

ADULT PROGRAMS

SENIOR COFFEE: EVERY FRIDAY EXCEPT JULY 4TH, 10-11 A.M. LIBRARY STAFF WILL JOIN THE GROUP ON THE SECOND FRIDAY OF EACH MONTH TO SHARE INFORMATION ABOUT LIBRARY RESOURCES.

RESOURCE OF THE MONTH - JUNE

JAZZ MUSIC LIBRARY IS A COMPREHENSIVE COLLECTION OF STREAMING JAZZ, WITH THOUSANDS OF JAZZ ARTISTS, ENSEMBLES, ALBUMS, AND GENRES.

RESOURCE OF THE MONTH - JULY

AMERICAN SONG ALLOWS PEOPLE TO HEAR AND FEEL THE MUSIC FROM AMERICA'S PAST. INCLUDED ARE THE SONGS OF CIVIL RIGHTS, POLITICAL CAMPAIGNS, PROHIBITION, THE REVOLUTIONARY WAR, THE CIVIL WAR, ANTI-WAR PROTESTS, AND MORE.

SUMMER HOURS MONDAY-FRIDAY, 10 A.M.-2 P.M. SATURDAY-SUNDAY, 12-4 P.M. HOLIDAY CLOSINGS

ALL LINCOLN CITY LIBRARIES WILL BE CLOSED THURSDAY, JUNE 19TH, FOR JUNETEENTH.
ALL LINCOLN CITY LIBRARIES WILL BE CLOSED FRIDAY, JULY 4TH, FOR INDEPENDENCE DAY.



Ride For The Summer





The StarPass offers unlimited rides on StarTran buses and special discounts from participating sponsors for youth ages 5-18 during three months each summer.

Pick up a StarPass for \$20 at the StarTran office, 710 "J" Street, or at an outlet location listed at lincoln.ne.gov/StarPass.

For more information, call StarTran at 402-476-1234.

NOW AVAILABLE
AT THE
CAROL YOAKUM
4621 NW 48TH STREE

For special discounts, present your pass at these participating sponsors:



































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Resources for you at the Family Resource Center

Friends with Food:

Free food distribution on the fourth Monday of the month from 5-6 p.m. It is a commodities distribution and families must qualify for this distribution. *This institution is an equal opportunity provider*.

Computer Center:

Free internet access, and printers. Children under 18 must be accompanied by an adult. Open Monday-Friday, 8am-12pm and 1-5pm.

Clothing Closet:

Free clothing, toys and other items are available. The room is open from 8am-noon and 1-5 pm, Monday through Friday. No appointment is necessary but you will need to sign-in at the front desk.

Low-Income Bus Passes:

Thirty-one day bus passes may be purchased at the Resource Center for \$8.00. ID, and date of birth are required. Hours for purchasing passes are M-F, 8am-12pm and 1-5pm.

Senior Coffee Club:

Meets weekly on Wednesdays from 9-10:30 a.m. at the FRC. All seniors 55+ are welcome to come for coffee, conversation and speakers.

Air Park Child Care Resources

Center-Based:

Adventure Academy 402-438-0491

Krayon Campus 531-500-1221

Project Future Child Development Center 402-363-9864

Home-Based: Jen's Home Daycare 402-464-0391

Melissa's Ladybug Daycare 402-470-0625

Before and after-school care:

Krayon Campus 531-500-1221

Air Park Rec Center 402-441-7876

Project Future Child Development Center 402-363-9864

Adventure Academy 402-438-0491



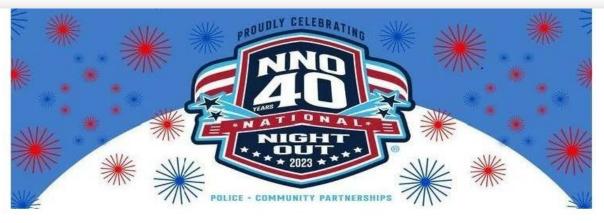
June 18: Ryan 5. Sotnar

Outreach Coordinator, Nebraska Attorney General's Office

Topic: Attorney General's Office (Overview)

July 16: Ann Heydt

Program Assistant Health and Fitness, City of Lincoln | Aging Partners Topic: Preventing Falls



Save the Date! National Night Out

Tuesday, August 5 5-8pm Arnold Heights Pool

